



PACKING LIST

MINIWANCA ODYSSEY

- The [Four Trails Camper & Family Handbook](#) contains detailed information on the specific type of clothing and gear required on trail.
- Clothing and toiletries may be used for in-camp **and** on-trail. Consider living simply and packing less.
- Temperatures can vary from 40 to 90 degrees F. An interior warm layer and an exterior rain layer are required to help keep your camper safe and comfortable.
- Take great care when selecting a sleeping bag and its stuff sack (size, weight, packability, materials). See [handbook](#) for more details.
- Visit a local outdoor retailer to find the right hiking boots. REI has a great [guide](#) for picking the right pair.
- Miniwanca will provide tents, backpacks, canoes, PFDs, and all meal and snacks.
- Odyssey campers will have a chance to swap out fresh clothes at resupply that they will package separately before they leave for trail.

TRAIL CLOTHING

- 1 warm hat
- 1 brimmed hat (for sun protection)
- 1 pair **waterproof** rain pants
- 1 pair **waterproof** rain jacket
- 1 light synthetic/fleece jacket
- 4 sets underwear
- 4 synthetic short-sleeved shirts
- 4 pairs quick-dry shorts
- 1 pair pants
- 1 set thermal base layer (top and pants)
- 1 cotton outfit (for evenings)
- 1 active swimsuit
- 4-5 pairs synthetic or wool **hiking** socks
- 3 pairs athletic socks
- 1 pair **broken-in** hiking boots
- 1 pair sandals, sneakers, or other off-trail shoes
- 2 bandanas
- 1 pair wool/synthetic fleece gloves

IN CAMP CLOTHING

- 4 pairs shorts
- 1 pair pants
- 5 shirts
- 1 swimsuit
- 7 sets underwear
- 2-3 pairs athletic socks
- 1 pair sneakers

TRAIL EQUIPMENT

- Synthetic, lightweight sleeping bag with stuff (compression) sack
- Sleeping pad
- Unbreakable bowl and mug
- Unbreakable multi-use utensil
- Sunglasses (polarized recommended) with strap
- 2-3 heavy duty trash bags
- 3-5 1-gallon freezer ziploc bags
- Quick dry camp towel
- Headlamp with spare batteries
- 3 1-Liter water bottles

IN CAMP EQUIPMENT

- Pillow
- Twin sheet set
- Shower shoes
- Beach towel
- Bath towel
- Laundry bag

TOILETRIES

- Toothbrush and toothpaste
- Shampoo, conditioner, soap for in-camp
- Travel-size biodegradable soap for trail
- Glasses/contacts (plus an extra set for trail)
- Sunscreen (35+ SPF)
- Insect repellent
- Lip balm with SPF
- Enough period products for your session

OPTIONAL ITEMS

- Journal, pens, pencil, stamps, envelopes
- Camping pillow
- Extra blanket
- Camp chair
- Books/ deck of cards
- A watch (no smartwatches)
- Digital or disposable camera
- Special outfit for last dinner
- White T-Shirt
- Trekking poles
- Camper spending money (see handbook for amounts)



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HIKING BOOTS

Miniwanca strongly suggests campers bring a pair of hiking boots that are sturdy, ankle high and well broken-in. Boots should be sized to fit comfortably with two pairs of socks (one lightweight and one heavyweight). Break in boots by wearing them regularly two months prior to coming to camp.

SPECIAL DAYS

- Odyssey campers often choose to wear a white t-shirt during their closing reflection. If you have completed Miniwanca Voyageur, many campers also choose to bring their rugby shirt from the trip.

WHAT NOT TO BRING

If campers bring these items, staff will collect them and return them at the end of camp.

- Electronics such as smartphones, tablets, smartwatches, fitness trackers, e-readers, or other connected devices. Digital cameras are OK. Any smartphone or Internet-connected device will be checked into safekeeping for the duration of the session.
- Because we have campers with severe food allergies, outside food, beverages, candy, and gum are not allowed.
- Pocket knives, hunting knives, hatchets, axes, lighters, matches, candles, or fireworks.
- Aerosol cans for sunscreen, bug spray, hair spray, or other products
- All medications, including over-the-counter and vitamins, must be turned into the Health Team at check in. Please review our [Health Policies](#) for more information.