

Interest Group Leaders

Name	Interest Group	Interest Group	Interest Group
Ailish Donoho	Dunes & Dives	Beach Games	
Amara VanMetre	Sports of All Sorts*	Gymnastics	Volleyball
Amber Coleman	Archery (co-lead)	Read with a View	
Andrea	Waterfront		
Brendan	Waterfront		
Caelyn Scott	Ropes		
Candace Carr	Crafthouse (see second table for more info)		
Eileen Kelly	Crafthouse (see second table for more info)		
Liz Saudek	Nature Journaling	Basketball	
Ella Anich	Crafthouse (see second table for more info)		
Emma Jensen	Soccer		
Faith Heinle			
Georgia Becker	Choir	Creative Writing	Badminton
Gina Hubbell	Ropes		
Grace Kennedy	Crafthouse (see second table for more info)		
Jack	Waterfront		
Jane Sessions	Baking	Crafthouse (see second table for more info)	
Kailen Scott	Movie Making (with Noah)	Archery (co Lead)	
Kaitlyn Hadley	Country Line Dancing		
Kathleen McCown	Paddle Sports (with waterfront)		
Katie Erickson	STEM	Hiking	
Kristina Gould	Beach Games	Get Active	
Lauren McGauley			
Lydia Klinger	Wildlife Identification	Wilderness Survival (with 4Trails)	
Macie Arena	Ceramics	Crafthouse (see second table for more info)	

Maddie Miller	D&D	Board Games	
Martin			
Meg Von Der Heyt	Crafthouse (see second table for more info)		
Olive Biggerstaff	Worldbuilding		
Rhoswen Doxey			
Savannah Armitage			
Teddy Goemans	Woodshop		

*Sports of All Sorts is a mashup of different sports offerings to rotate. A longtime volunteer will lead this Week 1 of Session A, and then I would like for you to take over. It does not have to look exactly like the one Week 1. Email me at bwise@ayf.com if you have questions!

Crafthouse Staff	Class	Leader	
Meg- Craft House Leader	Crafthouse Medley	will rotate	
Candace	Jewelry Making	will rotate	
Eileen	Friendship Bracelets	will rotate	
Jane	Drawing/Painting	Eileen, can rotate	
Macie	Collages/Zines	Jane/Eileen	
Ella A.	Embroidery	Ella, may need to rotate	
Grace	Chalk Art	Jane	
	Loom Knitting	will rotate	
	Fairy Houses	TBD- volunteers?	Grace (sounds SO fun!)
	Group Art	Grace	
	Cardboard Dreamhouse	TBD- volunteers?	
	Sewing	TBD- volunteers?	
	Printmaking	TBD- volunteers?	

Interest Group Four-Day Plan

Class Title:

Leader Name:

	Warm Up	Main Event	Materials or Support Needed
	Is the warm up for the group (interpersonal) or for the skill?	What is the primary focus for today's lesson? What knowledge/skills do you hope campers gain in this lesson? How will you facilitate the learning of these skills? At what point(s) will you stop to reflect on their progress? What questions can you ask to help deepen their reflection/thinking?	
Day 1			

Day 2

Day 3

Day 4

	<p>Warm Up Is the warm up for the group (interpersonal) or for the skill?</p>	<p>Main Event</p> <ul style="list-style-type: none"> • What is the primary focus for today’s lesson? • What knowledge/skills do you hope campers gain in this lesson? • How will you facilitate the learning of these skills? • At what point(s) will you stop to reflect on their progress? • What questions can you ask to help deepen their reflection/thinking? 	<p>Materials/Support Needed</p>
<p>Day 1</p>	<p>Name prompts (choose one)</p> <ul style="list-style-type: none"> - Acrostic with your name - Choose 5 words to describe yourself - Pick an animal/object that represents you and explain why 	<p>Focus: Character Development Today campers will improve their skills on developing well rounded characters through indirect characterization</p> <ol style="list-style-type: none"> 1. Brief discussion of indirect characterization with some mentor examples (paragraphs) from age-appropriate books- what does this writer do well? 2. Writing handout- indirect characterization brainstorming 3. Writing prompt- Your character wakes up one morning and realizes they have switched bodies with their dog. Write a story showing how they would react to this situation. 4. Share writings if willing, provide positive feedback <p>Reflect after brainstorming to see if anyone is stuck or needs more help Reflect after writing prompt- how easy was it to write after doing the brainstorming? What did you still find difficult? How does this exercise help you develop characters without just listing character traits?</p>	<p>Paper Pens Mentor texts Handouts</p>
<p>Day 2</p>	<p>Which of the following do you notice the most while at camp: the sights, the sounds, the smells, the tastes, the physical feeling of each space? Why?</p>	<p>Focus: Setting Development/ Sensory Writing Today campers will practice using their senses to find inspiration for their writing</p> <ol style="list-style-type: none"> 1. Brief examples of mentor texts with great sensory writing- what does this writer do well? 	<p>Paper Pens Clipboards Mentor texts Handouts</p>

		<ol style="list-style-type: none"> 2. Sensory walk- take a short walk for campers to focus on their 5 senses and write down as many things as they notice about what they are experiencing 3. Writing prompt- Write about your camp experience using the sensory ideas you brainstormed. You can choose any format of writing and choose to include any/all of the senses you would like. The story can be real or fictional. 4. Share writings if willing, provide positive feedback <p>Reflect after brainstorming to see if anyone is stuck or needs more help</p> <p>Reflect after writing prompt- how easy was it to write after doing the brainstorming? What did you still find difficult? How does this exercise help you create a stronger sensory experience for your reader?</p>	
Day 3	What did you learn about yourself from a fight you had with someone?	<p>Focus: Conflict & Tension</p> <p>Today campers will learn how to build tension in a story</p> <ol style="list-style-type: none"> 1. Brief description of the types of conflict and examples of moments with great tension- what does this writer do well? 2. Brainstorming as a group- how do we notice or feel tension in difficult situations? (on chart paper) 3. Writing prompt- Choose one method of tension we brainstormed and include it in your story (can provide story starters/prompts if needed) 4. Share writings if willing, provide positive feedback <p>Reflect after writing prompt- how easy was it to write after doing the brainstorming? What did you still find difficult? How does this exercise help you understand how different people react to tense moments?</p>	<p>Paper</p> <p>Pens</p> <p>Mentor texts</p> <p>Chart paper & markers</p>
Day 4	When is the last time you disagreed with someone else but you worked through it?	<p>Focus: Point of View</p> <p>Today campers will write from multiple points of view to dig deeper into their story</p>	<p>Paper</p> <p>Pens</p> <p>Mentor texts</p>

		<ol style="list-style-type: none">1. Brief description of point of view with examples- what does this writer do well?2. Writing prompt- have campers write a situation from at least 2 characters' POV3. Share writings if willing, provide positive feedback <p>Reflect after writing prompt- how easy was it to write after doing the brainstorming? What did you still find difficult? How does this exercise help you think about more than one way to look at the world?</p>	
--	--	---	--

	<p>Warm Up Is the warm up for the group (interpersonal) or for the skill?</p>	<p>Main Event</p> <ul style="list-style-type: none"> • What is the primary focus for today’s lesson? • What knowledge/skills do you hope campers gain in this lesson? • How will you facilitate the learning of these skills? • At what point(s) will you stop to reflect on their progress? • What questions can you ask to help deepen their reflection/thinking? 	<p>Materials/Support Needed</p>
<p>Day 1</p>	<p>Icebreaker/Skill Assessment: Passing Name Game Campers will start in a circle and say their names. Then we will use one soccer ball to pass to someone, and when you pass to someone you have to say their name. This will allow me to learn names and see the basic kicking/passing form for everyone</p>	<p>Passing/Dribbling Basics Campers will improve their ball control at short distances Practice Drills:</p> <ol style="list-style-type: none"> 1. Cone weave dribbling (right foot only, left foot only, inside only, outside only, rolls) 2. T cone dribbling (do a few rounds of focused control then increase speed) 3. Partner passing (2 yards, 5 yards, 10 yards) with partner in a gate on each side 4. Gate passing game- Set up field with multiple color-coded gates. Partners must dribble around and complete a pass through the gate to get a point. The team with the most points wins. 5. Small sided scrimmage if enough players (cone goals to reinforce skill) <p>Individual Reflection will happen throughout the lesson as I notice room for improvement on the skills. I might ask things like “do you know why you’re not getting the ball all the way to your partner?” and see if they can answer. If not, I will teach the skill more explicitly (you need to put more power behind the ball) and model for them. At the end of the session I will gather the group to do a reflection- do you think you improved? What do you still want to work on? What drill or mindset helped you improve?</p>	<p>Cones (lots) Balls</p>
<p>Day 2</p>	<p>Skill- Passing Zig Zag Campers will start in a zig zag pattern. One person will pass the ball across from them, and then run to that cone to replace the second person as they pass. The person at the end of the pattern has to run all the way to the beginning and get back in line.</p>	<p>Game-Like Passing Campers will improve passing accuracy while at a faster speed Practice Drills:</p> <ol style="list-style-type: none"> 1. Over the River Drill (2 team version) 2. End Zone Scrimmage <p>Pause to reflect as a group after Over the River on what went well, what we still need to focus on Pause to reflect after end zone scrimmage- same questions from before</p>	<p>Cones Balls Pinnies</p>

	Have campers call out names and switch up order each round.		
Day 3	<p>Skill- Cone Weave, Pass, Shoot Campers will start in a line facing the goal. They will dribble through the cones and then pass to me. I will pass back and then they will shoot on the open goal</p>	<p>Shooting/Finishing Campers will improve power and accuracy of shooting Practice Drills:</p> <ol style="list-style-type: none"> 1. Power Shot Basics- stand on the goal line and shoot as hard as you can into the net, focusing on form. Then back up a few yards each time. If you miss, you move forward again 2. Pass & Shoot- similar to warm up but remove dribbling. Pass to the coach, receive the pass and shoot from distance with power 3. Finesse Shot Basics- set up cones in bottom corners of goal. Camper stands between PK spot and goal line and receives a pass to shoot at each corner. Focus on looking where you are shooting and having plant foot/hips in good position 4. Pass & Shoot- repeat but at closer range, aiming for corners (or put in a goalie) 5. Power & Finesse Game <p>Individual reflection as needed, reflection after each drill as a group</p>	<p>Cones Balls Pinnies</p>
Day 4	<p>Skill- Weave Passing & Shot Campers will form 3 lines near midfield. One camper will start with the ball and pass to the middle, then overlap to the outside as the ball keeps passing in a weave pattern. As they approach the goal, one person will take a shot</p>	<p>Scrimmage Campers will apply skills to game play Practice Drills:</p> <ol style="list-style-type: none"> 1. Small sided scrimmage round robin 2. Large sided scrimmage if numbers <p>Individual reflection as needed, reflection after each drill as a group</p>	<p>Cones Balls Pinnies</p>