



2022 Miniwanca Health Policy Updates (Updated 2/18/22)

The health and safety of Miniwanca campers and staff is our highest priority. As such, the American Youth Foundation has made important changes to our health policies and practices for summer 2022.

Please review the information carefully and [complete all forms on CampBrain](#) as early as possible to allow our health team time to conduct a thorough review of your camper's health. Failure to submit your camper's health paperwork by the deadlines **may result in the loss of your camper's spot for 2022**. If the provided information is incorrect or incomplete, you risk forfeiting a medical refund if your child is dismissed from camp.

We rely on our camp families to help us provide a safe experience for each camper. Thank you for your attention to these important health details and for helping keep all our campers safe this summer.

MINIWANCA 2022 HEALTH FORMS

Form	Available Online	Due By
<input type="radio"/> Acknowledgement of Health Policy Updates	Now	April 1
<input type="radio"/> Medical Review Questionnaire*	Now	April 1
<input type="radio"/> Health History	Now	April 1
<input type="radio"/> Health Memorandum (Camper Physical)	Now	April 1
<input type="radio"/> COVID-19 Testing/Screening Consent	May 1	May 15
<input type="radio"/> Camper Health Update	Session A: May 22 Session B: June 5	Session A: May 29 Session B: June 12
<input type="radio"/> COVID-19 Proof of Vaccination	Now	Session A: June 23 Session B: July 7

The AYF will require negative PCR COVID-19 tests before arrival at camp. We will share more information in the coming weeks.

**if requested*

Medication Management at Camp

Multidose Medication Packaging

In accordance with American Camp Association and Association of Camp Nursing guidelines, **the AYF now requires all camper medications taken in pill form to be submitted in multidose packaging prepared by a pharmacy.**

This means a pharmacist prepackages your camper's medications by date and time, rather than sending an entire pill bottle or package to camp. For example, the exact doses of all medications a camper takes at breakfast on Aug. 13 are packaged together in one sealed pharmacy pouch with instructions printed on the front, as seen in the example below. This is a safe method of dispensing medication at camp that allows our health team more time to attend to the medical needs of our campers and staff.



Medications should be packaged by date and time to be taken – breakfast, lunch, dinner, or bedtime. This includes prescription medications, over-the-counter medications, as-needed medications, homeopathic remedies, and supplements. Some supplements, such as gummies, are not eligible for multidose packaging, so please consider chewable options.

Families can learn more about multidose packaging for medications and find these services through providers like [PillPack](#), [SimpleMeds](#), and many CVS and Walgreens pharmacies.

Families will be charged a \$100 fee for each medication or vitamin not submitted in multidose packaging prepared by a pharmacy. This fee will be applied to your camper's account.

Due to refill procedures and insurance, it is important to start this process with your pharmacy as soon as possible (no later than two months prior to camp) to ensure your camper arrives with correctly packaged medications.

Multidose Packaging Policy Exceptions

- Liquid, inhaled, cream, and injectable medications. These medications must arrive in their original prescription packaging with your camper's name on the label. Please bring two inhalers and/or Epipens, if your camper needs them
- Antibiotics prescribed immediately before camp begins that will be taken for a limited time.

Other Medication Information

Our Health Centers are well-stocked with basic first aid supplies and common medications like Benadryl, acetaminophen, and ibuprofen. Also, meals at camp are full of nutritious foods, so we strongly discourage families sending vitamins for their camper.

Families cannot send any medication, even over the counter or as-needed medications, in their camper's belongings. Campers are not allowed to self-administer any medication. This poses potential risk to other campers, as well as your own.

Behavioral and Mental Health Medication

We request a camper be taking the same medication at the same dose at least three months before arrival at camp to achieve effective therapeutic blood levels and to establish that the appropriate therapeutic effect is obtained. **No changes to the type or dosage of medication are allowed within six weeks prior to camp**, as recommended by the Association of Camp Nursing. Please discuss your camper's medications with their physician now, so changes can be facilitated within this period.

The only exception to this policy is if a camper requires ADD/ADHD medication in an academic setting but does not take the medication during the summer months. If this applies to your camper, please note this in your camper's Health History Form.

If you have questions about the new medication packaging policy or a specific medicine, please contact [AYF Lead Health Officer Carrie Smith](#).

COVID-19 Vaccination Policy

The AYF is actively reviewing and updating our COVID-19 health-related plans and procedures. We will revise our communicable disease plan in cooperation with state public health authorities, the CDC, and ACA as additional COVID-19 guidance is provided over the coming months.

Before arriving at Miniwanca, all staff and participants are required to be fully vaccinated and up to date on their COVID-19 vaccination. Proof of vaccination is required before arrival at camp.

- **Fully vaccinated** means a person is at least two weeks past their primary series of the COVID-19 vaccine (one injection of Johnson & Johnson or two injections of Pfizer and Moderna vaccines).
- Individuals are considered **up to date** when they have received the full primary series for COVID-19 and have received the recommended booster when eligible. The booster dose can be received five months after completion of the initial series (Pfizer, Moderna) and two months after the Johnson & Johnson vaccine.
- While individuals are considered fully vaccinated two weeks after their full primary series, they are considered up-to-date immediately after receiving the booster dose.

The AYF will require all campers to provide proof of a recent negative PCR COVID-19 test prior to Opening Day. We will share more information in our updated 2022 COVID-19 Protocols & Procedures soon.

Additional Health Information

Camper Health Update Form

All families are required to complete a Health History Form by April 1 **and a Camper Health Update form four weeks before arrival** at Miniwanca. The Camper Health Update form lets you share any pertinent changes to your camper's medical information/history that have occurred since submitting the Health History Form.

You will receive an email reminder to complete this Health History Update in CampBrain five weeks before your camper's Opening Day. **You must submit this form even if there are no changes to your camper's medical information or history.**

Immunizations

The AYF requires Miniwanca campers to be immunized in accordance with the state of Michigan camp licensing requirements. If during program there is an outbreak of a communicable disease for which a camper is not immunized, families are responsible for immediately removing their camper from the program until AYF determines it is safe for them to return.

Camp Health Care and Insurance

We maintain a modern Health Center with a registered nurse and assistant health officers in residence, as well as a doctor on call. If campers feel sick or are hurt, they may go to the Health Center. Families will be contacted if an injury or illness requires outside medical assistance, if your camper spends the night in the Health Center, or if there is a recurring medical issue. Please make sure your camper's Health History Form contains family health insurance information, including a copy of your insurance card. If a camper requires a doctor's visit or medications, the family will be responsible for all medical costs.

Medical Review Process

The AYF aims to be inclusive in the enrollment of participants. All reasonable efforts will be made to accommodate campers with different conditions, strengths, and abilities. Prior to participation in any AYF program, our staff will review camper applications to ensure participants can meet the physical and emotional demands of the program. On occasion, it may be necessary for us to contact you and gather additional information about your child's health or medical history and to consult with our AYF Medical Review Team to assess an applicant's need for accommodation. Our goal is to include as many participants as possible; however, we are limited in what we can provide in terms of medical care, and we reserve the right to preclude participation based on a condition that we are not able to manage safely.

Acknowledgement of 2022 Health Policy Updates

After reading this document, please sign and submit the Acknowledgement of Health Policy Updates on CampBrain.

Acknowledgement of Health Policy Update