

Invincible Summer

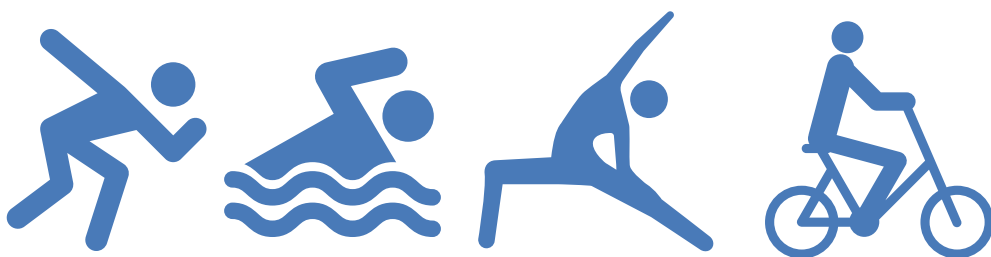
Go Getters at Home

What We Do at Camp

At Merrowvista, campers can start each, new day with a Physical Fold-filled morning during Go Getters. Shortly after the morning bell, the entire camp community is encouraged to join an energizing activity like a morning Jazzercise session, run, walk, yoga, or swimming.

Go Getters at Home

Start your day with a physical activity! Consider doing yoga, going for a run or walk, swimming, riding your bike, or playing a sport. Create a schedule with alternating activities. Watching workout or yoga videos on YouTube is a great way to stay active and keep your activities fresh!



Want community support like we have at camp? Join one of the AYF My Virtual Missions!

Log on to the AYF Invincible Summer Canvas Course and earn the Go Getters Badge!



Share what you're doing for Go Getters on social media with #InvincibleSummer!

