



# EQUIPMENT LIST FOR DISCOVERER

American Youth Foundation  
Merrowvista  
147 Canaan Road, Ctr. Tuftonboro, NH 03816  
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www.ayf.com

## Clothing

- 1 Long pants
- 3 Pairs of shorts
- 2 Swimsuits
- 1 Pair of sturdy sneakers
- 6 Pairs of athletic socks
- 6 T-shirts
- 2 Long sleeve T-shirts
- 1 Sweatshirts/Sweatpants
- 6 Pairs of underwear
- 1 Nightshirts or Pajamas
- 1 Fleece pullover or wool sweater
- 1 WATERPROOF raincoat

Please make sure all items  
are clearly marked with  
camper's name

**Personal Sports Equipment**—Campers should check with leaders to make sure equipment is stored appropriately so as not to be accessible as a potential safety risk.

## SPECIAL DAYS

**Crazy Dinner: Be creative & wacky!**

**Important:** Please make sure all clothes and belongings are labeled or clearly marked with camper's name. Thank you

## Equipment

- 1 Daypack (small backpack like used for school. Label with name on it)
- 1 Pillow & Pillowcase
- 1 Fitted sheet (cot or twin size)
- 1 Sleeping Bag
- 1 Wash cloth
- 1 Beach towel
- 1 Bath towel
- 1 Pair shower shoes (i.e. flip flops)
- 1 Laundry bag
- 1 Ditty Bag & Toiletries
- 1 32 oz. Water bottle
- 1 Flashlight (We recommend the hand crank flashlights that do not require batteries)
- Extra Batteries (if needed for flashlight)
- 1 Insect repellent (avoid repellent with 35% or more DEET. **No** aerosol)
- 1 Sunblock (at least SPF 15)
- 1 Journal, pen, pencils
- \_\_\_ Stationery, stamps



## Optional Items

- White t-shirt (for tie-dye)
- Waterproof rain pants
- Windbreaker
- Hand towel
- Mosquito Netting
- Sports Sandals
- Books, cards, markers, paper
- Musical instrument & sheet music
- Fishing tackle & rod
- Camera-label with camper's full name
- Anything to make you feel "at home"
- Lip balm
- Fleece Hat
- Bandana

## Luggage

A small trunk or sturdy plastic storage unit (example: Rubbermaid) w/lid is recommended for camp use. It is the neatest and most compact option allowing campers to access all their belongings easier than a suitcase. Suitcases are satisfactory but may get scuffed. If you ship your trunk, please do so 2 weeks prior to camp, insured, prepaid and marked with camper name and destination.

Temperatures at camp vary from the 40s to 90s.

**IT IS IMPERATIVE TO HAVE THE FLEECE OR WOOL GARMENTS AND RAIN GEAR RECOMMENDED ON THE LIST.**

Waterproof rain gear will keep you dry, & a fleece pullover/wool sweater will keep you warm.

## DO NOT BRING

In appreciation of the camping experience and out of respect for the camp community, we ask campers not to bring:

- snacks, sodas, candy, gum
- cash (please have your camper turn in cash for safekeeping)
- pocket knives, hunting knives, axes, & hatchets
- lighters, candles
- aerosol cans
- cell phones, radios, Walkmans, Gameboys, mp3 players, iPods, e-readers or similar items

**If campers bring these items, staff will gather and keep them safe until the end of camp.**

Please make sure all items are clearly marked with camper's name

For more information contact Merrowvista at:  
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