



EQUIPMENT LIST for PIONEER

(quantities for 7 days)

American Youth Foundation
Merrowvista
147 Canaan Road, Ctr. Tuftonboro, NH 03816
603-539-6607 • 603-539-7504 (fax)
www.ayf.com

Clothing

- 1 Long pants
- 4 Pairs of shorts
- 2 Swimsuits
- 1 Pair of sturdy sneakers
- 7 Pairs of athletic socks
- 2 Pairs wool or fleece socks
- 7 T-shirts
- 2 Long sleeve T-shirts
- 1 Sweatshirt & Sweatpants
- 7 Pairs of underwear
- 2 Nightshirts or Pajamas
- 1 Fleece pullover or wool sweater
- 1 WATERPROOF raincoat
- 2 Bandanas
- 1 Pair shower shoes (i.e. flip flops)

Personal Sports Equipment—Campers should check with leaders to make sure equipment is stored appropriately so as not to be accessible as a potential safety risk.

Equipment

- 1 Pillow & Pillowcase
- 1 Fitted sheet (cot or twin size)
- 1 Sleeping Bag (with synthetic fill)

Equipment Continued

- 1 Wash cloth
- 1 Beach towel
- 1 Bath towel
- 1 Laundry bag (washed with clothes - please label clearly)
- 1 Ditty Bag & Toiletries
- 2 32 oz. Water bottles (not bicycle)
- 1 cup, bowl & spoon (for overnight)
- 1 Flashlight (we recommend the hand crank flashlights that don't require batteries)
- Extra Batteries (if needed for flashlight)
- 1 Insect repellent (avoid repellent with 35% or more DEET. **No** aerosol)
- 1 Sunblock (at least SPF 15)
- 1 Journal, pen, pencils
- 1 Stationery, stamps
- 2 Large, heavyweight garbage bags (for overnight trip)
- 2 Ziploc type bags (for overnight trip)

**Please make sure
all items are
clearly marked
with camper's name**

- 1 Sleeping Pad
- 1 Daypack (Small backpack like used for school. Please label with name on it.)

SPECIAL DAYS

- Crazy Dinner: Be creative & wacky!
- 50s Dinner: Poodle skirts, leather jackets, and white t-shirts—the Eating Lodge turns into a 50s style diner!
- Talent Show: Bring what you need to show your talent – musical instruments, props, etc.
- Candlelight Sing: Something nice to wear for the last dinner at camp



Optional Items

- White t-shirt (for tie-dye)
- Waterproof rain pants
- Windbreaker
- Hand towel
- Mosquito Netting
- Sports Sandals
- Books, cards, markers, paper
- Musical instrument & sheet music
- Fishing tackle & rod
- Camera-**label with camper's full name**
- Lip balm
- Compass
- Anything to make you feel "at home"

Luggage

A small trunk or sturdy plastic storage unit (example: Rubbermaid) w/lid is recommended for camp use. It is the neatest and most compact option allowing campers to access all their belongings easier than a suitcase. Suitcases are satisfactory but may get scuffed. If you ship your trunk, please do so 2 weeks prior to camp, insured, prepaid and marked with camper name and destination.

Temperatures at camp vary from the 40s to 90s.

IT IS IMPERATIVE TO HAVE THE FLEECE OR WOOL GARMENTS AND RAIN GEAR RECOMMENDED ON THE LIST.

Waterproof rain gear will keep you dry, & a fleece pullover/wool sweater will keep you warm.

DO NOT BRING

In appreciation of the camping experience and out of respect for the camp community, we ask campers not to bring:

- snacks, sodas, candy, gum
- pocket knives, hunting knives, axes, & hatchets
- lighters, candles
- aerosol cans
- cell phones, radios, Gameboys, mp3 players, iPods, e-readers, or similar items
- cash (please have your camper turn in cash for safekeeping)

If campers bring these items, staff will gather and keep them safe until the end of camp.

For more information contact Merrowvista at:

(603) 539-6607

www.ayf.com

merrowvistacamps@ayf.com

