



EQUIPMENT LIST FOR DISCOVERER

American Youth Foundation
Merrowvista
147 Canaan Road, Ctr. Tuftonboro, NH 03816
603-539-6607 • 603-539-7504 (fax)
www.ayf.com

Clothing

- 1 Long pants
- 3 Pairs of shorts
- 2 Swimsuits
- 1 Pair of sturdy sneakers
- 6 Pairs of athletic socks
- 6 T-shirts
- 2 Long sleeve T-shirts
- 1 Sweatshirts/Sweatpants
- 6 Pairs of underwear
- 1 Nightshirts or Pajamas
- 1 Fleece pullover or wool sweater
- 1 WATERPROOF raincoat

Please make sure all items
are clearly marked with
camper's name

Personal Sports Equipment—Campers should check with leaders to make sure equipment is stored appropriately so as not to be accessible as a potential safety risk.

Equipment

- 1 Daypack (small backpack like used for school. Label with name on it)
- 1 Pillow & Pillowcase
- 1 Fitted sheet (cot or twin size)
- 1 Sleeping Bag
- 1 Wash cloth
- 1 Beach towel
- 1 Bath towel
- 1 Pair shower shoes (i.e. flip flops)
- 1 Laundry bag
- 1 Ditty Bag & Toiletries
- 1 32 oz. Water bottle
- 1 Flashlight (We recommend the hand crank flashlights that do not require batteries)
- Extra Batteries (if needed for flashlight)
- 1 Insect repellent (avoid repellent with 35% or more DEET. **No** aerosol)
- 1 Sunblock (at least SPF 15)
- 1 Journal, pen, pencils
- ___ Stationery, stamps

SPECIAL DAYS

Crazy Dinner: Be creative & wacky!



Optional Items

- White t-shirt (for tie-dye)
- Waterproof rain pants
- Windbreaker
- Hand towel
- Mosquito Netting
- Sports Sandals
- Books, cards, markers, paper
- Musical instrument & sheet music
- Fishing tackle & rod
- Camera-label with camper's full name
- Anything to make you feel "at home"
- Lip balm
- Fleece Hat
- Bandana

Luggage

A small trunk or sturdy plastic storage unit (example: Rubbermaid) w/lid is recommended for camp use. It is the neatest and most compact option allowing campers to access all their belongings easier than a suitcase. Suitcases are satisfactory but may get scuffed. If you ship your trunk, please do so 2 weeks prior to camp, insured, prepaid and marked with camper name and destination.

Temperatures at camp vary from the 40s to 90s.

IT IS IMPERATIVE TO HAVE THE FLEECE OR WOOL GARMENTS AND RAIN GEAR RECOMMENDED ON THE LIST.

Waterproof rain gear will keep you dry, & a fleece pullover/wool sweater will keep you warm.

DO NOT BRING

In appreciation of the camping experience and out of respect for the camp community, we ask campers not to bring:

- snacks, sodas, candy, gum
- cash (please have your camper turn in cash for safekeeping)
- pocket knives, hunting knives, axes, & hatchets
- lighters, candles
- aerosol cans
- cell phones, radios, Walkmans, Gameboys, mp3 players, iPods, e-readers or similar items

If campers bring these items, staff will gather and keep them safe until the end of camp.

For more information contact Merrowvista at:

(603) 539-6607

www.ayf.com

merrowvistacamps@ayf.com

